

*How do you define love?*

love is  
listening.



**love is respect** org

The National Partnership to End Dating Abuse

**Discuss your options confidentially, 24/7.**

## *10 warning signs of an abusive relationship*

- **Checking your cell phone or email without permission**
- **Constantly putting you down**
- **Extreme jealousy or insecurity**
- **Explosive temper**
- **Isolating you from family or friends**
- **Making false accusations**
- **Mood swings**
- **Physically hurting you in any way**
- **Possessiveness**
- **Telling you what to do**

**connect now!**

**chat** at [loveisrespect.org](https://loveisrespect.org)

 **text** "loveis" to 22522

 **call** 1-866-331-9474

Discuss your options confidentially.  
Peer advocates are available 24/7.