



Who We Are

loveisrespect is here to help! Together, Break the Cycle and the National Dating Abuse Helpline have established the most comprehensive destination to engage, educate and empower teens and young adults to prevent and end abusive relationships.

This all inclusive program is accessible online, over the phone and in your community. Our interactive site, loveisrespect.org, houses a vast and growing library of resources to answer all of the relationship questions a young person might have.

We also have trained peer advocates standing by 24-hours a day, seven-days a week to guide young people through preventing, diagnosing and escaping unhealthy relationships. Their confidential assistance is accessible via online chat, toll free call and, for the first time ever, text.

And we're bringing our healthy-relationship message to your community by educating young people in classrooms, organizing public awareness campaigns and training teens and 20-somethings to take leadership on this issue.

live
chat

peer advocates are
available to chat at
www.loveisrespect.org

sms

text "loveis" to 22522



call 1.866.331.9474
(1.866.331.8453 TTY)

free.
confidential.
24/7.

About Break the Cycle

Break the Cycle is the nation's leading organization addressing dating abuse with more than 15 years providing training, education, online resources, advocacy and activism opportunities.

About the National Dating Abuse Helpline

The National Dating Abuse Helpline is the primary resource for crisis intervention and referrals for teens and young adults experiencing abuse in their relationships.

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Hollywood Life
YOUR CELEBRITY NEWS,
GOSSIP & STYLE BFF
by Bonnie Fuller

Dear Abby

AP

Ms.

TODAY

The New York Times
Expect the World®

The Washington Post

Los Angeles Times

Dr.
Phil

FOX &
friends



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teenVOGUE

REDBOOK

Newsweek

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CBS
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((X M))

seventeen

abc GOOD MORNING
AMERICA

COSMOPOLITAN

FOX
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KING
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FamilyCircle

for women
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All have featured Break the Cycle and
the National Dating Abuse Helpline