



# TAKE ACTION ON CAMPUS!

There are many ways you can make a difference across the campus of your college or university. Your actions can positively influence your peers, connect victims of violence to important help/legal resources, impact campus policies and create an environment where violence and abuse is never acceptable.

**1**

**RAISE AWARENESS ONLINE:** Post a status message such as “1 in 3 young adults experiences dating abuse each year” or “16-24 year old women are at 3x the risk of sexual assault” and link them to [loveisrespect.org](http://loveisrespect.org).

You can also use social media to share a video PSA that you make, or pick a specific date to raise awareness – by uniting with your friends and peers around the world, you can make the campaign go viral! (Don't forget – we can help promote your work on [loveisrespect.org](http://loveisrespect.org)!)

**2**

**WRITE AN OP/ED:** Submit an op/ed to your campus newspaper or university blog to raise awareness or advocate for improved campus policies to protect victims of violence.

**3**

**TABLING:** Download some of our free handouts to distribute on campus. Find out where organizations set up tables to reach students and select a date to raise awareness!

**4**

**OPEN MIC NIGHT:** A great way to raise awareness is by integrating your message into artistic activities. An open mic night gives you the chance to promote an event campus wide and bring together a diverse group of students who have creative ways to speak out!

**5**

**ADVOCATE TO STUDENT GOVERNMENT:** It's important to have the student government's support in reducing violence on campus. Attend a public forum and ask the student government to start a victim support group or add dating violence prevention to the causes they address each year.

Visit [loveisrespect.org/take-action/take-action](http://loveisrespect.org/take-action/take-action) to get more helpful tips, creative ideas to raise awareness (like how to make a Video PSA), youth activism tools, and information on how to start a support group or organization on campus for victims of dating violence and sexual assault!

Remember, it only takes one person to begin a journey that will help so many. Good luck!