



love is respect V org

National Teen Dating Abuse Helpline

1-866-331-9474 1-866-331-8453 TTY

**Do you think your relationship is healthy and respectful?
Does your partner?**

Love is respect. Love is not:

Calling your partner names or putting them down.

Hitting, slapping, pushing

Making threats of any kind.

Monitoring their email or text messages or texting them excessively.

Forcing or guiltting them into doing things.

Trying to keep them away from friends or family.

Your relationship doesn't have to look like this.

Dating violence affects everyone –
60 percent of females and 40 percent of males report having a
personal experience, either as targets or as abusers.

Call us if you need to talk. We're here 24 hours a day, 365 days a year.

All calls and chats are anonymous and confidential.

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Does something about your relationship worry you?

Take the most important quiz of your life - we're here to help you pass.

Does your boyfriend/girlfriend:

Try to control where you go, what you wear or what you do?

Act jealous or possessive?

Call, Text or IM you excessively?

Hit, slap, pinch, push or kick you?

Threaten to kill or hurt you or themselves if you leave them?

Try to stop you from seeing or talking to friends and family?

Try to force you to have sex before you're ready?

If you said yes to even one, you may be in an abusive relationship.

You are not alone -

One in three teenagers has experienced violence in a dating relationship

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