

1-866-331-9474 1-866-331-8453 TTY

National Teen Dating Abuse Helpline

love is respect
org



Remember-

You are not alone -

One in three teenagers has experienced violence in a dating relationship.

Call us if you need to talk.

We're here 24 hours a day, 365 days a year.

All calls and chats are anonymous and confidential.

1-866-331-9474 / TTY 1-866-331-8453 or chat online www.loveisrespect.org

Do you think your relationship is healthy and respectful? Does your partner?

Love is respect. Love is not:

Calling your partner names or putting them down

Hitting, slapping, pushing

Making threats of any kind

Monitoring their email or text messages or texting them excessively

Forcing or guiltting them into doing things

Trying to keep them away from friends or family



Your relationship doesn't have to look like this.

Dating violence affects everyone –

60 percent of females and 40 percent of males report having a personal experience, either as targets or as abusers.