



love is respect V org

National Teen Dating Abuse Helpline

1-866-331-9474 1-866-331-8453 TTY

Does something about your relationship scare you?

Take the most important quiz of your life and know we're here to help you pass.

Does your boyfriend/girlfriend:

Look at you or act in ways that scare you?

Act jealous or possessive?

Put you down or criticize you?

Try to control where you go, what you wear or what you do?

Text or IM you excessively?

Blame you for the hurtful things they say and do?

Threaten to kill or hurt you or themselves if you leave them?

Try to stop you from seeing or talking to friends and family?

Try to force you to have sex before you're ready?

Do they hit, slap, push or kick you?

**If you said yes to even one, you may be in an abusive relationship.
Call us if you need to talk. We're here 24 hours a day, 365 days a year.**

**All calls and chats are anonymous and confidential.
1-866-331-9474 /TTY 1-866-331-8453 or chat online www.loveisrespect.org**