

# 10 Things You Can Do

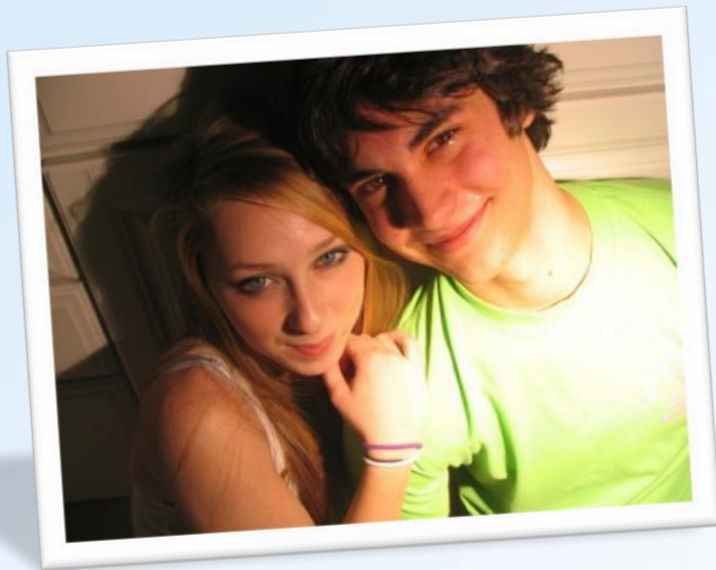
To Promote Teen Dating Abuse Awareness



**love is respect** org  
National Teen Dating Abuse Helpline

*If you only have a few minutes...*

- ◉ Ask the school nurse or a teacher to make dating abuse brochures and quizzes available to students.



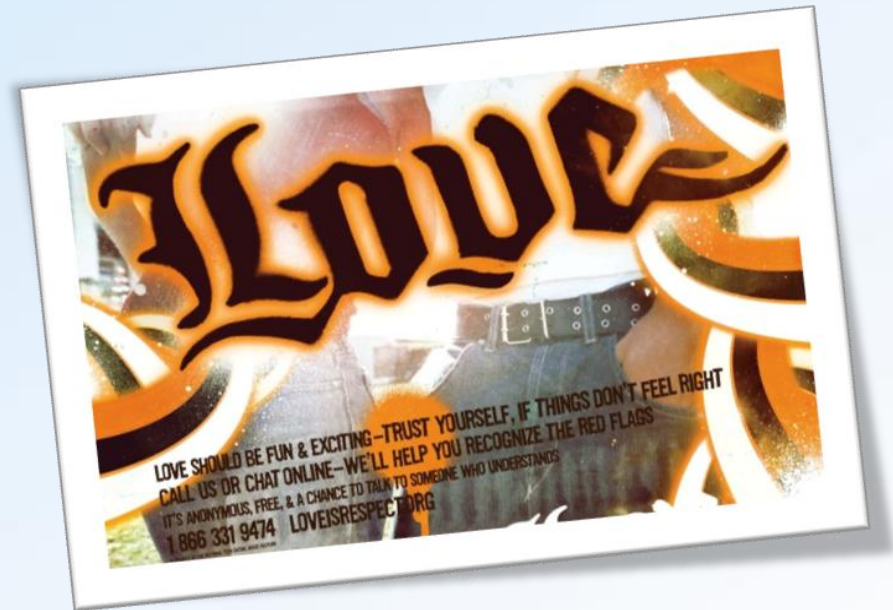
*If you only have a few minutes...*

- Join loveisrespect, National Teen Dating Abuse Helpline, on Myspace or Facebook. Post our “I believe that love is respect” badge to your profile.



# If you only have a few minutes...

- Promote awareness of teen abuse by hanging posters at your school or on a community bulletin board. You can make your own or use ours. Download and print them through [loveisrespect.org](http://loveisrespect.org).



# *If you only have a few minutes...*

- ◉ Stay educated. Learn to recognize relationship abuse and what to say to a friend in an abusive relationship. Once you've done this, you may be surprised by the people that turn to you for help.



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*If you only have a few minutes...*

- ◎ Forward our editorial to your school newspaper editor or sponsor.



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# If you have more than a few minutes...

- Write an article about teen dating abuse and submit it to your campus or town newspaper. Include a referral to [loveisrespect.org](http://loveisrespect.org) for your readers that may be in abusive relationships.



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*If you have more than a few minutes...*

- Create a Public Service Announcement or video to promote awareness about dating abuse. Share it with your friends through our [YouTube channel](#) or your [Myspace](#) and [Facebook](#) profile.



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# If you have more than a few minutes...

- ◉ Set up a table at lunch to provide dating abuse materials to students at your school. Contact your local domestic violence program and ask about volunteer opportunities. Also, ask about projects they may have specific to teen dating abuse. A loveisrespect peer advocate can help you locate the program in your area.



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# *If you have more than a few minutes...*

- ◉ Organize a school wide assembly or fundraiser on dating abuse. Invite speakers from local domestic or dating abuse programs. Involve a variety of clubs or groups at school. Ask the drama club to perform, the literary magazine staff to read poetry, and the band or musicians to play.



# If you have more than a few minutes...

- Start a healthy relationship and dating abuse awareness club. Find a teacher to sponsor the club and help you get started by creating a mission statement. If there's already an anti-violence or social service club in your school, ask if dating abuse can be included in their focus.



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