

love is respect.org



chat at loveisrespect.org
text loves to 22522
call 1.866.331.9474



FREE • CONFIDENTIAL • 24/7

START THE
CONVERSATION

Scan the QR code and learn how
to talk with your young person
about unhealthy relationships.

WARNING SIGNS YOUR CHILD IS IN AN UNHEALTHY RELATIONSHIP:

- Excessive texting or emails
- Your son or daughter becomes depressed or anxious
- They stop participating in extracurricular activities
- Their partner is extremely jealous or possessive
- They begin to dress differently
- Mood swings
- Stops spending time with friends

WHAT SHOULD I DO:

- Believe them, take them seriously
- Be supportive and understanding
- Never put down their partner
- Avoid telling them what to do
- Refer your young person to loveisrespect
- Contact an advocate to help start the conversation

LOVEISRESPECT.ORG/GET-HELP/HELP-OTHERS/
HELP-YOUR-CHILD